



Periodicity of Dental Services for Children				
Service	0-12 mos.	13-24 mos.	2-6 yrs.	7-20 yrs.
Oral Exam	x	x	x	x
Fluoride Supplements	x	x	x	x
Fluoride Varnish	x	x	x	
Cleaning with Fluoride		x	x	x
Sealants (permanent teeth)				x
X-Rays			x	x
Oral Hygiene Instructions	x	x	x	x
Dental Treatment	x	x	x	x

What To Do For Your Child’s Smile!

- Clean your child’s mouth twice a day, even if he/she does not have teeth yet. Wipe his/her gums with gauze. Anything that touches someone else’s mouth should not be allowed to touch his/her mouth.
- Once the first tooth appears, use a soft-bristled toothbrush and water to brush your child’s teeth.
- Children should have their first dental visit around the time of their first tooth eruption and no later than age 1.
- There should be 20 teeth in your child’s mouth by age 3.
- Never put your child to sleep with a bottle containing anything but water. Sugary foods and drinks should be avoided and products containing xylitol should be encouraged.
- Routine exams should occur every 6 months or as determined by your child’s dentist.
- Once your child learns not to swallow toothpaste, brush his/her teeth with a rice sized speck of fluoride toothpaste.

Insurance Information

Following is the contact information for UnitedHealthcare Community Plan that can answer questions you may have about your insurance plan and/or dentist.

HMO Contact Information

HMO	Member Services Phone #	Website Address
UnitedHealthcare Community Plan (UHCCP)	1-800-941-4647	www.uhccommunityplan.com

While every effort is made to ensure accuracy of the provider information in this directory, the status of providers may change over time. Some network providers may have been added or removed from our network after this directory was printed. In the event a provider is no longer with an office when you call, please ask the office if there are other participating providers at that location who treat members under 6 years of age. For further assistance, you may call Member Services at 1-800-941-4647 (TTY: 711).



*A LIST OF DENTISTS WHO CAN SEE YOUR CHILDREN UNDER AGE 6 APPEARS ON THE FOLLOWING PAGE

General Dentistry

Jae H An, DDS

iSmile Dental Associates
22 N Washington Ave
Bergenfield, NJ 07621
(201) 374-1558

Soo Jin Chang, DDS

iSmile Dental Associates
22 N Washington Ave
Bergenfield, NJ 07621
(201) 374-1558

Joo Hyun Lee, DDS

Cresskill Dental
210 Knickerbocker Rd
Cresskill, NJ 07626
(201) 567-3990

Aaron D Brisman, DDS

Trans Dental Associates PC
511 River Dr
Elmwood Park, NJ 07407
(201) 796-0585

John C Minichetti, DDS

NORTH HUDSON COMMUNITY ACTI
197 S Van Brunt St
Englewood, NJ 07631
(201) 210-0200

Leah S Nam, DDS

Come Dental LLC
133 Engle St
Englewood, NJ 07631
(201) 569-5121

Youngin Son, DDS

Sparkle Kids Dentistry
15-01 Broadway Ste 18
Fair Lawn, NJ 07410
(201) 475-1600

Maria Apergis, DDS

Palisade Smile LLC
1515 Palisade Ave
Fort Lee, NJ 07024
(201) 407-1075

Sohyoun Jun, DDS

So Good Dentistry PC
891 Palisade Ave
Fort Lee, NJ 07024
(201) 947-8168

Chaya P Carl, DDS

NORTH HUDSON COMMUNITY ACTI
535 Midland Ave Ste 2
Garfield, NJ 07026
(201) 210-0200

Gisela M Lopez, DMD

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(201) 210-0200

Mercedes Rabeiro Wert, DDS

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(201) 210-0200

Abraham Wenger, DMD

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Claudia Botero Mondul, DDS

Dental Health Care PC
190 Main St Ste 302
Hackensack, NJ 07601
(201) 343-5363

Haraashish K Cheema, DDS

Dr Dental Of Hackensack
500 S River St
Hackensack, NJ 07601
(201) 641-5240

Faina L Cherkez, DDS

Pangborn Family Dentistry LLC
35 Pangborn Pl
Hackensack, NJ 07601
(201) 881-0101

Mina A Elfarr, DMD

Genuine Smiles Hackensack PC
645 Main St
Hackensack, NJ 07601
(201) 347-5001

Maryam Jahansouz, DDS

Sunflower Dental Group
90 Main St Ste 203
Hackensack, NJ 07601
(201) 488-1164

Mary Fares Mallouhi, DDS

Mary F Mallouhi DDS
394 Main St
Hackensack, NJ 07601
(201) 525-0067

Dayna B Patel, DDS

Dr Dental Of New Jersey PC
500 S River St
Hackensack, NJ 07601
(201) 641-5240

James A Ruggiero, DMD

Center For Dentistry At Humc
30 Prospect Ave
Hackensack, NJ 07601
(551) 996-2111

Nabil H Gerges, DDS

NABIL H GERGES DDS
167 Grove St
Lodi, NJ 07644
(973) 458-1156

Taehyung Moon, DDS

PrimeCare Dental
4 Hunter St Ste 2B
Lodi, NJ 07644
(973) 955-4928

Bianca Espinosa, DDS

Dr Dental Of Lyndhurst
542 New York Ave
Lyndhurst, NJ 07071
(201) 623-3355

Eun Hur, DMD

Bo Orthodontics LLC
269 Livingston St Ste G
Northvale, NJ 07647
(201) 784-1930

Ewa Ciecierrega, DMD

Ewa Ciecierrega
245 E Main St
Ramsey, NJ 07446
(201) 746-4614

Ramesh Kianfar, DMD

Nu-Smile Dental PA
7 S Island Ave
Ramsey, NJ 07446
(201) 327-6139

Abhishek Sharma, DDS

Progressive Dental Group
246 N Franklin Tpke Ste 4
Ramsey, NJ 07446
(201) 962-8855

Khaled G Eldin, DDS

Ridgefield Park Family Dental LLC
174 Main St
Ridgefield Park, NJ 07660
(201) 267-6700

Abraham I Mirkhan, DDS

Abrahams Family Dentistry
60 W Ridgewood Ave
Ridgewood, NJ 07450
(201) 444-2450

Sylvia Awadalla, DDS

Sylvia Awadalla DDS
202 Market St
Saddle Brook, NJ 07663
(201) 843-1848

Tejal Patel, DDS

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101 US Highway 46 Ste 3
Saddle Brook, NJ 07663
(201) 880-7744

Asmita Ranjitkar, DDS

LASER DENTISTRY FOR CHILDREN
751 Teaneck Rd
Teaneck, NJ 07666
(201) 837-1612

Talia M Stone, DDS

Laser Dentistry For Children, LLC
751 Teaneck Rd
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2 Dean Dr Fl 3
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172 Maple Ave
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(973) 778-0918

Jacklyn N Tadros, DDS

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379 MAIN AVE STE 2
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(973) 778-7800

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Sunflower Dental Group Of Westwood
316 Kinderkamack Rd
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LASER DENTISTRY FOR CHILDREN
260 Godwin Ave Ste 2A
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(201) 848-5000

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Pediatric Dentistry

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634 Anderson Ave
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Veronica E Choi, DDS

DENTISTRY FOR CHILDREN
634 Anderson Ave
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Dianne Lee, DDS

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Janny Lim, DDS

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634 Anderson Ave
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Jessica Listwa, DDS

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Dmitry Stillman, DDS

Bergen Pediatric Dental LLC
634 Anderson Ave
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DANIEL COHEN DDS PC
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Ga Y Suh, DDS

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Suhn Yoon, DMD

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