

Important information

Loss of eligibility

If you lose Medicaid or CHIP eligibility, there are local community resources, clinics, and services available where you can receive care at reduced or no costs depending on your or your family's income.

Local Mental Health Authorities

If you experience a mental health crisis, you can receive care at a Local Mental Health Authority (LMHA). To find Your Local Mental Health or Behavioral Health Authority, you can write, call, or visit the program's website:

Mailing address:

Texas Health and Human Services Commission

Mail Code W358

PO Box 149030

Austin, Texas 78714-9030

Phone: 1-855-YES-ADRC (855-937-2372)

Website: resources.hhs.texas.gov/pages/find-services

Federally Qualified Health Centers

Other options include Federally Qualified Health Centers (FQHCs). These facilities provide primary care, which includes behavioral health care, rural health clinics and other programs or services to underserved communities. To find a facility near you, visit the website, email or call:

Website: findahealthcenter.hrsa.gov.

Email: TexasPCO@dshs.texas.gov

Phone: 512-776-7518

Healthy Texas Women Program

The Healthy Texas Women (HTW) Program provides family planning exams, related health screenings and birth control to women ages 18 to 44 whose household income is at or below the program's income limits (185 percent of the federal poverty level). You must apply to find out if you can get services through this program.

HTW Plus is an enhanced package available to women enrolled in HTW who have been pregnant in the last 12 months. HTW benefits are provided at no cost and include:

- Treatment for postpartum depression and other mental health conditions
- Individual, family and group psychotherapy services
- Treatment for substance use disorders, including drug, alcohol and tobacco use
- Screening, brief intervention and referral for treatment (SBIRT)
- Outpatient substance use counseling, smoking cessation services, medication-assisted treatment (MAT) and peer specialist services

Speak to your service coordinator to learn more about HTW Plus. You can also write, call, or visit the program's website:

Mailing address:
Healthy Texas Women
PO Box 14000
Midland, TX 79711-9902
Phone: 1-800-335-8957
Website: texaswomenshealth.org

Member Services is ready to assist you with additional questions including referrals and resources.